

## EXPLORING THE FÆE:

COME AND JOIN IN WITH A DISCUSSION AND WALK AROUND AS WE TALK ABOUT THE FÆE. SHARING EXPERIENCES, EXPLORING AREA'S (LIKE THE FAIRY ALTAR) AND EVEN HAVE A GUIDED MEDITATION AT THE END. IF YOU WOULD LIKE, PLEASE BRING A LITTLE SOMETHING AS A GIFT TO LEAVE AT THE ALTAR AS WE HAVE AN ENJOYABLE TIME.

## JOURNEY WITH OUR SPIRIT GUIDES:

COME FOR A JOURNEY WHERE WE WILL FIND AND EXPLORE WITH GUIDES THAT CAN HELP WITH HEALING AND GUIDANCE IN YOUR LIFE. THERE IS ANOTHER WORKSHOP THAT WILL BE EARLIER ON FINDING AND INFORMATION ON GUIDES THAT THIS WILL EXPAND ON. PLEASE BRING A BLANKET OR COMFORTABLE CHAIR TO SIT IN FOR THIS WORKSHOP.

## CRYSTAL BOWL MEDITATION:

COME JOIN US FOR A PEACEFUL START TO THE DAY WITH THE SOUND AND VIBRATIONAL HEALING. THIS IS A WONDERFUL WAY TO RELAX AND BE IN TUNE WITH YOUR BODY AND THE SURROUNDINGS.